



**COUNTY OF SAN LUIS OBISPO
BEHAVIORAL HEALTH DEPARTMENT
CULTURAL COMPETENCE COMMITTEE**

ENHANCING CULTURAL HUMILITY IN WORKING WITH DIVERSE FAMILIES IN COMMUNITY-BASED MENTAL HEALTH SETTINGS

WHEN: THURSDAY, JUNE 20TH 2019

TIME: 9:00am - 11:00am

(Sign-In 8:30am-9:00am)

WHERE: FAMILY CARE NETWORK INC., 1255
Kendall Rd., San Luis Obispo, CA

REGISTRATION ONLINE ONLY:

<https://sloco.wufoo.com/forms/z5cpk8f0na7clq/>



**PRESENTED BY:
JONATHAN I. MARTINEZ, PH.D.**

COURSE DESCRIPTION:

Cultural diversity and the rising emphasis on evidence-based practice within community based mental health settings have sparked dialogues regarding cultural competence among mental health professionals. Given the complexity of multiculturalism, we have a responsibility to recognize the value and diversity of our clients. Moreover, it is beneficial to understand cultural competency as a process rather than an end product. From this perspective, competency involves more than gaining or practicing scientific knowledge; it also includes our ongoing attitudes and unconscious thought process toward both our clients and ourselves. We must enter work with diverse families with cultural humility, acknowledging that we are always in the process of learning and growing. This talk has a central aim to enhance the implementation of cultural humility values and skills into daily work with diverse families in community-based settings.

OBJECTIVES:

1. Understand and have the ability to identify 4 terms: culture, cultural humility, race/ethnicity, and diversity.
2. Partake in 2 interactive scenarios to recognize unconscious influences and stereotypes and describe 3 ways to decrease effects of unconscious influences.
3. Learn how to implement 5 culturally responsive, evidence-based strategies to enhance cultural humility values in daily practice.

WHO SHOULD ATTEND:

Staff, providers, and community members of the mental health system of San Luis Obispo County.

CONTINUING EDUCATION UNIT INFORMATION:

2 BBS/BRN CONTINUING EDUCATION HOURS OFFERED AT NO COST
ATTENDEES MUST SIGN-IN AND OUT IN ORDER TO RECEIVE CEUS.

REGISTRATION, ACCOMMODATIONS, CEU QUESTIONS, GRIEVANCE, REFUNDS, OR CANCELLATIONS? CONTACT COUNTY OF SAN LUIS OBISPO BEHAVIORAL HEALTH CAROLINE JOHNSON AT CMJOHNSON@CO.SLO.CA.US

County of San Luis Obispo Behavioral Health Department is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for behavioral health professionals. County of San Luis Obispo Behavioral Health maintains responsibility for this program/course and its content. Please allow 2 weeks for completion of training and evaluation to receive certificate. San Luis Obispo Co. Mental Health Provider approved by the California Board of Registered Nursing. Provider #1857, for 2 contact hours. County of San Luis Obispo Behavioral Health meets the qualifications for 2 hours of continuing education credit for MFTs, LPCCs, and/or LCWS as required by the California Board Behavioral Sciences. Approval #55442.